



This 7 week program is offered at no charge.

When: Wednesdays starting March 14 to April 25, 2017

Time: 6:30 to 8:00 pm

Location: Albert County Health & Wellness Centre

Lower level Education Classroom

Facilitators: Cynthia Stevens RN & Kirstin Shortt BSc. A.C.C

All Welcome!

For information call Debbie Landry-Jaillet Hospice Community Coordinator at (506)383-2404 or volunteer@hospicegm.ca or Cynthia Stevens at (506)-866-6247.

If you have experienced the loss of someone who died and would like to gain some tools for dealing with your grief please register today.